

Affirmation of Baptism and Reformation Sunday

This year, we will hold our Affirmation of Baptism (or Confirmation) service on Reformation Sunday.

Confirmation is a time when a young person claims their faith as their own and accepts responsibility for continuing their faith development. As I said in a September sermon, "Faith is not a destination; there is no end to our faith (and faith development) until we have left this life and moved onto the next. When we see faith as a destination (an end goal or a one and done kind of effort), we are left empty, disappointed, and directionless; but when we see faith as a journey to be lived every day, we are able to see God there guiding us; we are able to hear that still small voice whispering to us words of comfort and encouragement."

The same can be said about the church. The church should be a place that is always evolving to better meet people where they are and proclaim the Gospel of Jesus Christ to the world. As the world changes, so should the church...within reason... We celebrate the historic evolvement of the church on Reformation Sunday, but this day is also one where we are asked to recommit ourselves to being part of the church's ongoing evolvement.

So, let us all work hard to fulfill our baptismal promises and become the instruments of God we were made to be. Amen.



Created to Be Connected

9th-12th graders from across NE lowa are invited to explore how we are Created to be Connected! This November 3rd event will be a chance for us to connect with each other and connect with God through games, discussions, and more! Register by October 28

Learn more and register at https://neiasynod.org/2024/09/

Back to school is a great time to start picking up things to fill your shoeboxes for our annual Operation Christmas Child shoebox drive later on this year.

You can find pencils, pens, markers, notebooks, pencil cases and lots of other school supplies at fantastic prices right now.

If you have any questions, please get a hold of Stacey Berger. Thank you for supporting this ministry for many years!



Created to Be Connected An Event for

An Event for Youth and Leaders

Sunday, November 3, 2024 2-5 p.m.

St. John, Cedar Falls

Register by October 28

Let us help one another.

CREATED With A

nS

Stewardshíp Líve ís everyday.

Love is here with Jesus!

RightNow Media— **SO MUCH TO EXPERIENCE!** https://app.rightnowmedia.org/en/join/stjohnnashua



Daring Joy by Deacon Jackie



St. John Lutheran Love as Jesus Loves



Sponsoring Hope: Meet Anderson and Gialy

We are thrilled to share some heartwarming news with you! Our congregation has embarked on a beautiful journey of love and support by sponsoring two precious children from the Dominican Republic through Children International.

Let us introduce you to:

Anderson, a spirited 3-year-old boy, and Gialy, a sweet 2-year-old girl.

What is Children International?



Children International is a global nonprofit humanitarian organization dedicated to breaking the cycle of poverty for children around the world. By providing essential resources such as medical care, educational support, and life skills training, Children International empowers children to create lasting change in their lives and communities.

Why Sponsorship Matters

Sponsoring a child through Children International is more than just a financial commitment; it is an act of love and hope. Children living in poverty face numerous challenges, including hunger, limited access to education, and social discrimination. Through sponsorship, we can help Anderson and Gialy overcome these obstacles and build a brighter future. Our support ensures they receive the care and opportunities they need to thrive.

Our Commitment

Deacon Jackie will be personally covering the monthly sponsorship fees for Anderson and Gialy. Additionally, our Sunday School offerings will be dedicated to providing extra gifts for them during Christmas and their birthdays. This initiative not only brings joy to Anderson and Gialy but also teaches our children the importance of serving others and being compassionate servants of God.

A Lesson in Service

By participating in this sponsorship, our children learn valuable lessons about empathy, generosity, and the impact of their actions. They see firsthand how their contributions can make a difference in the lives of others, fostering a sense of global community and responsibility.

Let us continue to pray for Anderson and Gialy, and for all the children who benefit from the support of organizations like Children International.

Together, we can make a meaningful difference and spread God's love across the world.

"LET ALL THAT YOU DO BE DONE IN LOVE" 1 CORINTHIANS 16:14

"Spread love everywhere you go. Let no one ever come to you without leaving happier" Mother Teresa



Pastor Todd Burrichter

Email: pastortoddburrichter@gmail.com † Cell: (641) 228-0235 Office Hours: Tuesday—work from home Monday, Wednesday, Thursday-- 8:00 a.m. — 5:00 p.m. Sunday 8:00 a.m.— 12:00 p.m.

Deacon Jackie Schilling

Email: jschilling610@gmail.com † Cell: (319) 504-6583 Office Hours: Monday: Work from home; attend evening meetings. Tuesday: 9:00 a.m. — 3:00 p.m. Wednesday, Thursday: 9:00 a.m. — 8:00 p.m. Sat and Sun: 8:00 a.m. — noon On call for all confirmation needs.

Office Hours: 9:00 a.m.-2:00 p.m. † Monday, Thursday, Friday Secretary: Lisa Acton † (641) 435-2396 Church email: stjohnlutherannashua@gmail.com 300 Merrill Street, P.O. Box 575; Nashua, IA 50658-0575

October Birthdays

- 1 Angelina Dietz
- 1 Rebecca Neal
- 1 Calvin Poppe
- 1 Shelly Brown
- 1 Vicky Kukral
- 2 Faith Franzen
- 2 Samuel Fundermann
- 3 Dena Klingman
- 4 Haley Owen
- 4 Wade Wegner
- 5 Drew Dietz
- 5 Doreen Franzen
- 5 Max Pahnisch
- 5 Denise Siemons
- 6 Dax Dietz
- 6 Kami Hannemann
- 6 Nathanial Sinnwell
- 6 Phillip Lines
- 7 Kristy Richmann
- 8 Larry Poppe
- 8 Chad Crabtree
- 8 Carol Kamm
- 9 Makenzie Foelske
- 10 DeAnn Crabtree
- 10 Carter Fecht
- 10 Nathaniel O'Neill
- 11 Joy Krieger
- 11 Glen Poppe
- 11 Michael Stastny
- 12 Andrew Drewelow

- 12 Annette Dietz
- 12 Rosanna LaBarge
- 13 Clifford Schilling
- 14 Christopher (Kif) Richmann
- 15 Jeffrey Beckner
- 15 Tabatha Christensen
- 15 Kayla Wolf
- 16 Jay Jasper
- 18 Wyatt Bearman
- 18 Jeff Trost
- 19 Kamden Chyma
- 19 Kristi Griffith
- 19 Dan Miller
- 19 Tyler Lantz
- 19 Lexi Miller
- 21 Gary Mehmen
- 22 Danielle Hurd
- 23 Josh Wenger
- 24 Linda Becker
- 25 Eugene Nieman
- 25 Ronald Schilling
- 25 Debra Sudol
- 25 Megan Crabtree
- 27 Joyce Haberman
- 28 Barry Klingman
- 28 Jacob Wenger
- 28 Megan Cerwinske
- 29 Tim Baldwin
- 30 Abigail Kraling

At Home: Liz Arends Cedar Vale: Virginia Kraft West Des Moines: June Marth Ravenwood, Waterloo: Diane Reuscher Bartels—Linden Place: Verna Wiebke Evergreen Arbor, Waverly: Ida Schloemer Nora Springs Care Center: Shirley Goddard 9th St. Chautauqua, Charles City: **Glenn George** Bella Vita Asst. Living, Tampa, FL: Shirlev Fosse Whispering Willows, Fredericksburg: Joyce McMichael, Shirley Frost 11th St. Chautauqua, Charles City: Linda Haut, Phyllis Kunzman

CHICKASAW COUNTY PUBLIC HEALTH AND HOMECARE FLU CLINICS NO APPOINTMENT NEEDED WALK IN CLINIC for adults 18 and older.

The following are dates and locations for clinics:

Ionia: Wednesday- Oct 2

1:00 PM- 3:00 PM Ionia Community Library 101 W. Iowa St., Ionia, Iowa

Lawler: Friday- Oct 4 9:00 AM- 11:00 AM Our Lady Mt. Carmel Catholic Church 3040 Hwy 24, Lawler, Iowa

Alta Vista: Tuesday- Oct 8

10:00 AM- 12:00 AM Alta Vista Public Library 203 S. White Ave, Alta Vista, Iowa

Nashua: Thursday- Oct 10

1:00 PM- 3:00 PM Nashua Public Library 220 Brasher St., Nashua, Iowa

New Hampton: Tuesday- Oct 15 6:00 AM- 8:00 PM Chickasaw Co. Community Service E

Chickasaw Co. Community Service Bld. 260 East Prospect, New Hampton, Iowa

INSURANCE CARDS OR PAYMENTS ARE NEEDED AT TIME OF VACCINATION. <u>MOST INSURANCES ACCEPTED.</u> IF NO INSURANCE: HIGH DOSE (AGE 65+) ----\$65.00 FLU BLOK (AGE 18-64) ----\$65.00 REGULAR FLU (6 MO. & OLDER) --\$40.00

Health and Faith: Beyond the Absence of Illness

Information presented in this article is based on the blog article by Fe Anam Avis, the creator of 'Soul Shop'

Jocelyn Elders, the first African American Surgeon General of the United States, once said, "Health is more than the absence of disease." This profound statement challenges us to rethink our understanding of health. Elders suggests a state of "unhealth" that is neither sick nor healthy, a concept for which we lack precise language.

Consider physical health: an individual can be overweight, under-exercised, poorly nourished, and sleep-deprived without being ill. Yet, they are not healthy either. Such an unhealthy state can be just as undesirable as illness, often leading to a lack of energy, poor lifestyle choices, and a lower quality of life. This state also increases the risk of illness and premature death.

Similarly, mental health is more than the absence of mental illness. A person can lack resilience, have poor communication skills, drift towards isolation, and feel purposeless without being mentally ill. This state of mental "unhealth" is challenging to define but is crucial to recognize.

The implications of this understanding are significant, especially concerning suicide. According to the CDC, most people who die by suicide do not have a diagnosed mental illness. Many face relationship issues, crises, substance abuse, or financial problems. They may not be mentally ill but lack the resources to cope healthily.

Faith communities are not immune to these challenges. About 4% to 6% of adults and 20% of adolescents contemplate suicide, with many more affected indirectly. Yet, many congregations struggle to address this issue openly. A congregation that cannot discuss suicide is not mentally ill, but it is not mentally healthy either. Both individuals and communities need support and treatment to navigate these challenges.

Elevating the mental health of a congregation requires a comprehensive effort, including preaching, teaching, worship, and training. Over time, this transforms mental unhealth into mental health. Programs like Soul Shop equip members to minister to those struggling with suicidal thoughts, recognizing the need for professional help in cases of mental illness. Under the leadership of Michelle Snyder and Christopher Epperson, Soul Shop has become an international ministry, with versions adapted for diverse communities.

As we reflect on Elders' words, let us strive to foster environments—both personal and communal that promote true health, encompassing physical, mental, and spiritual well-being.

- Jackie Schilling -



Northeastern Iowa Synod Substance Abuse Network

Text or Call (Please leave a voice message if possible)

- + Pastor Brian Julin-McCleary (319) 888-3814
- + Deacon Jackie Schilling (319) 504-6583

- Pastor Tom Martin (563) 419-3173
- Pastor Becky Sogge (612) 718-9151
- Pastor Maureen Howard (319) 512-8819
- + Experience with own personal addiction/recovery
- Experience with a loved one dealing with addiction/recovery

NE Iowa Synod Contact: Pastor Steve Brackett: (319) 352-1414

October Worship Servants								
Type of Service	Traditional Communion	Jubilee Communion	Traditional	Jubilee w/ Comm Reformation Sun Affirmation Sun	Type of Service			
Date	Sun, Oct. 6	Sun, Oct. 13	Sun, Oct. 20	Sun, Oct. 27	Date			
Lector	Andrea Sullivan	Nancy Poppe	Myrna Ross	Ron Schilling	Lector			
Sound	Wyatt Burrichter	Dan Berger	Kif Richmann	Jeff Trost	Sound			
Computer Camera	Lyla Burrichter	Kami Hannemann	Conner Sullivan	Joan Lore	Computer Camera			
Acolyte	Wyatt Burrichter	Adrienne Kalvig	Kylie Huffman	Jenny Wolf	Acolyte			
Acolyte	Lyla Burrichter	Andrew Kalvig	Everson Sudol	Emmie Sudol	Acolyte			
Greeters Offering	Bruce & Linda Becker	Kalvig Family	Huffman Family	Ron Schilling	Greeters Offering			
Communion	Troy and Jill Stille	Mark and Trent Rodruck	N/A	Ann Senner	Communion			
Date	Sun, Oct. 6	Sun, Oct. 13	Sun, Oct. 20	Sun, Oct. 27	Date			

From the Church Office September 2024 Statistics

Day	Date	Attendance	Giving	
Sunday	Sept. 1	51	\$2,537.00	
Sunday	Sept. 8	85	\$2,672.00	
Sunday	Sept. 15	81	\$1,830.00	
Sunday	Sept. 22	47	\$2,162.00	
Sunday	Sept. 29	Came after publication		

2024 Council Members & Committee Chairperson:

Lori Bruns, President Mark Rodruck, Finance Evangelism: Kathy Cerwinske, Vice President Education: Karen Sinnwell, Secretary Administration: Megan Stille Building & Grounds: Bruce Becker Social Concerns: Dan Miller Stewardship: Lisa Acton Technology: Kif Richmann Worship & Music: Rick Drewelow

FIND US: ST JOHN LUTHERAN CHURCH

Website:www.stjohnnashua.orgFacebook:facebook.com/stjohnlutherannashua/YouTube:https://www.youtube.com/channel/UC8AuycQBC1zUQWr2JfB727g/videos





The "Love and the Outcome" <u>Concert was a Joyful Experience of Christian Music &</u> <u>Fellowship</u>. It's brought us all into God's house from the community and from N.E. IA. This was time spent enjoying a lovable, talented couple who songs meant a lot to those who heard them.

To Agape, My Church Family and Friends, Thank you everyone for the Prayers, Cards, Calls & Food during my recovery from the Heart Ablation Procedure! So Helpful & Much Appreciated! Zelda Demro

Thank You!



There were a bunch of people that worked in the church getting ready for the concert and making a tasty

picnic lunch, and working away from the church doing work at Cedar Park on GOD'S WORK, OUR HAND'S SUNDAY.

There are pictures here and on the bulletin boards at church along with a Thank You! Note from Sue Baldwin. She thanked us for working on the Baldwin Band Shelter landscaping. She expressed how much the Baldwin Family appreciated our help!







Are you sure you're doing that right?

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SATURDAY	Men's Breakfast 7 A.M.	_	_	26	
FRIDAY	4	Ξ	18	25	
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THURSDAY	6 pm Watoto Children's Choir Compass Center Bible Study Canceled	Sewing ? 9am-3pm 6:30pm Book Club	6 pm Bible Study	6 pm Bible Study	6 pm Bible Study
WEDNESDAY	Sewing 9am-3pm WELCA 1:30pm	Sewing ? 9 9am-3pm	16	23	30
TUESDAY	Sewing 9am-3pm 11:30-12:30 Salad Bar St Michael's	Sewing ? 8 9am-3pm	15 and Deacon Jackie	22	29
Aduba		Sewing ? 9am-3pm 5:30pm Scouts	14 Conference Pastor Todd	5:30 pm Scouts 7 pm Council	28
SUNDAY		9am Trad w/Com Sunday School	9am Jubilee 13 w/Communion Sunday School Fall Theological	9am Traditionat () Sunday School	9am Affirmation & Reformation Sunday with Communion
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St. John Lutheran Church 300 Merrill Street, P.O. Box 575 Nashua, IA 50658

WE ARE CARETAKERS OF ALL GOD HAS GIVEN TO US.

Know Jesus, Tell about Jesus, and Love as Jesus Loves.

Stewardship, A way of life.

Be Grateful and Generous.